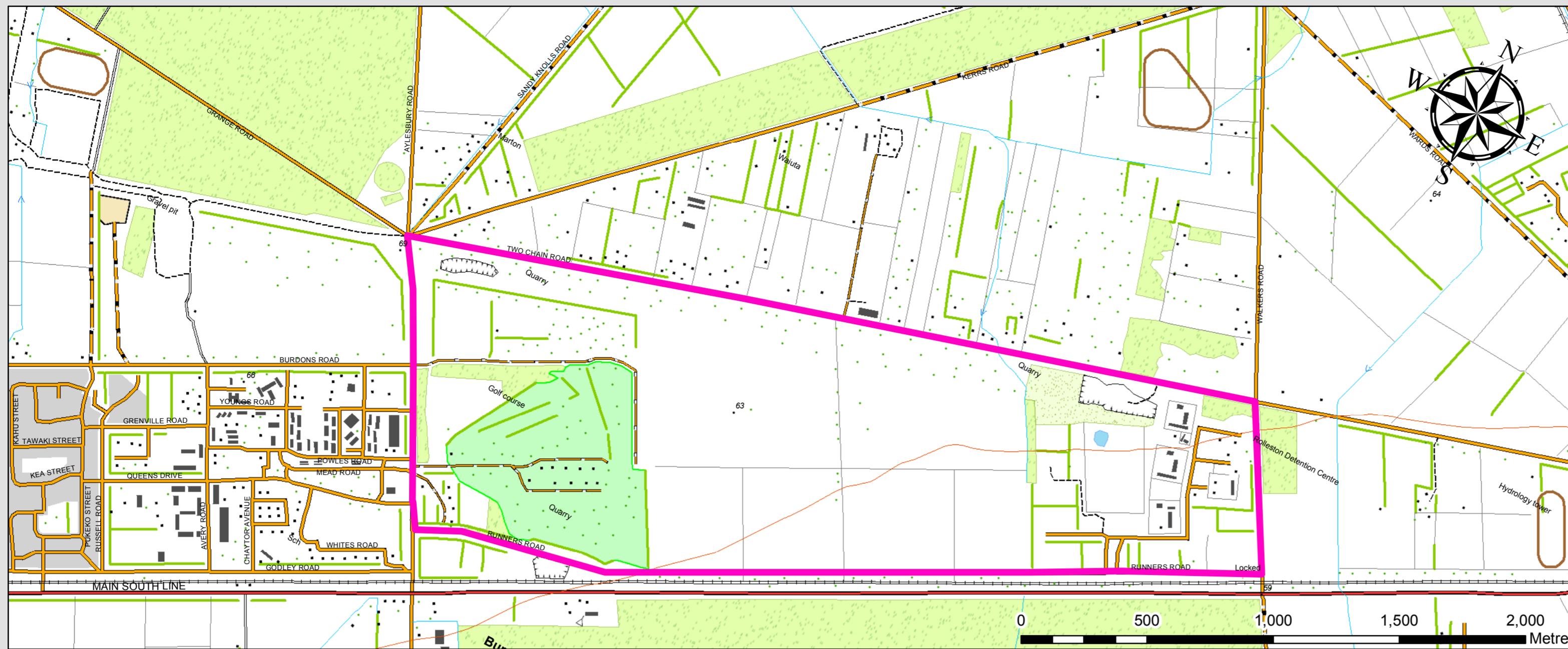


BURNHAM CAMP AREA - RUNNING ROUTES



PRISON RUN

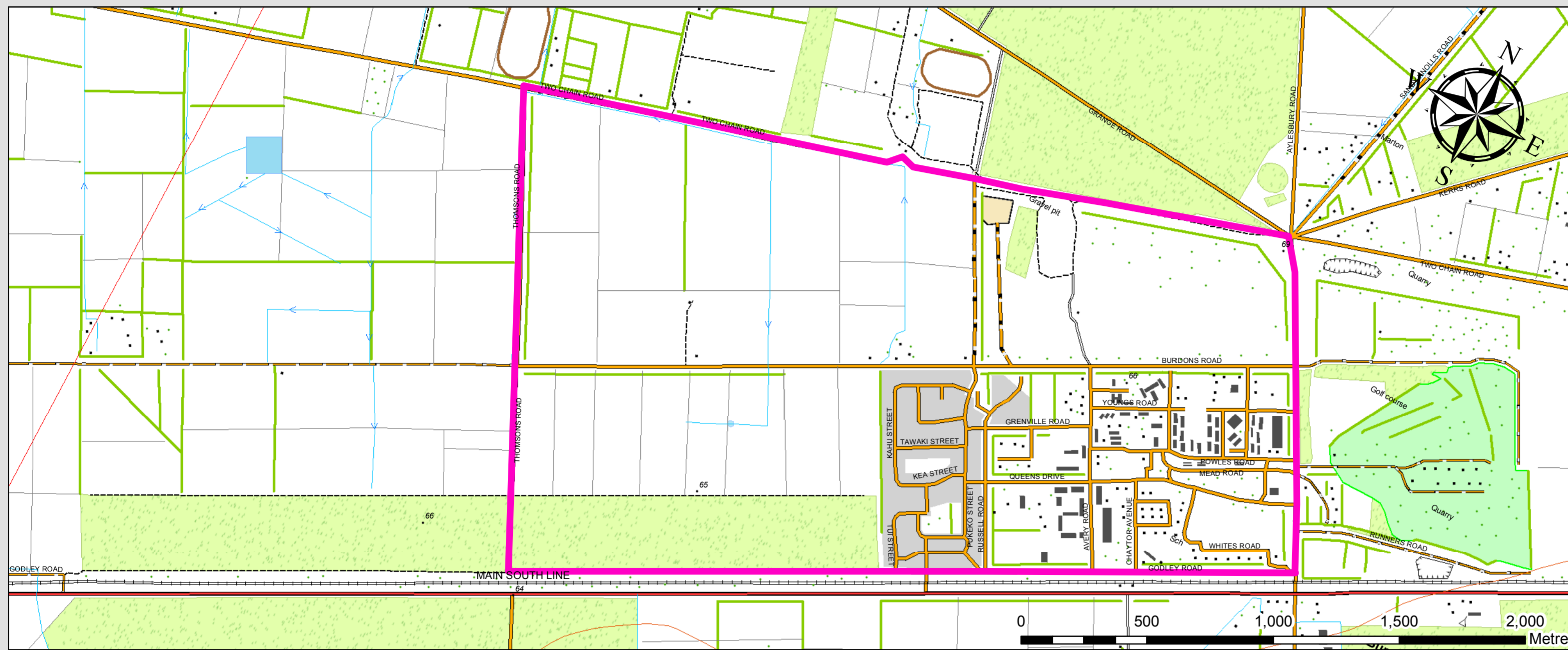
Distance..... 8.7 km
 Start Point..... Burnham Main Gate
 Surface.....combination of sealed and gravel roads with dirt track

ROUTE:
 Cross Aylesbury Rd onto Runners Rd. Continue on Runners Rd for 3.3km ensuring that any gates crossed are left as they are found.

Turn left at intersection of Runners Rd and Walkers Rd continue past the main entrance to Rolleston Prison and turn left onto Two Chain Rd at the intersection.

Continue on Two Chain Rd for 3.5km, turning left on Aylesbury Rd at the intersection and continue to Burnham Camp main entrance.

(Note: Route can be run in reverse order)



TWO CHAIN ROAD

Distance..... 9.5 km
 Start Point..... Burnham Main Gate
 Surface.....combination of sealed and gravel roads with dirt track

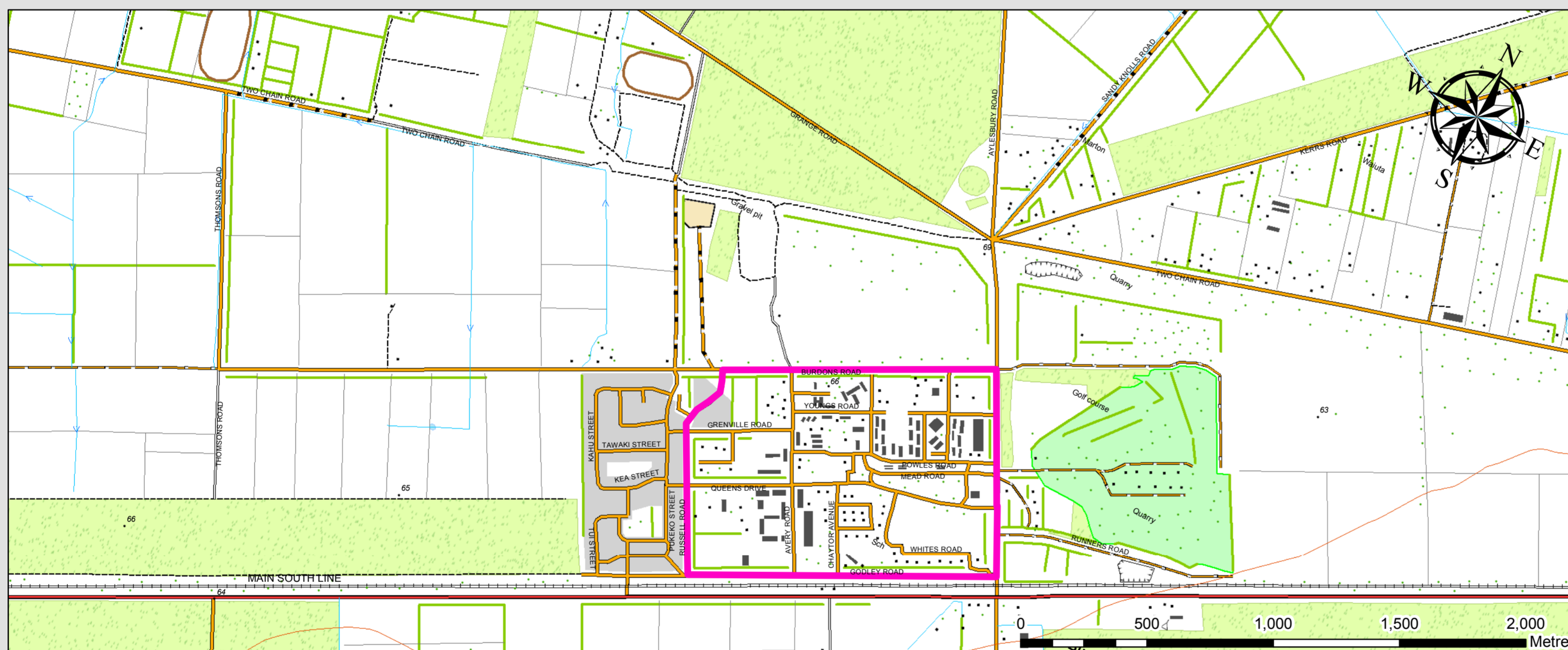
ROUTE:
 From the main gate turn right towards the junction of Aylesbury and Godley Rds.

Turn right at the intersection and continue down Godley Rd, past Camp onto the gravel track to the intersection with Thomsons Rd.

Turn right onto Thomsons Rd and continue past Burdons Rd (route turns to sealed rd), reaching the intersection with Two Chain Rd.

Turn right onto Two Chain Rd and proceed down the gravel road, past the back of the 189 Paddock to the junction of Aylesbury Rd. (Note: footing can be slippery in wet conditions)

Turn Right onto Aylesbury Rd and continue to Burnham Camp main entrance.



BURNHAM PERIMETER

Distance..... 4 km
 Start Point..... Burnham Main Gate
 Surface.....Sealed roads

ROUTE:
 From the main gate turn right towards the junction of Aylesbury and Godley Rds.

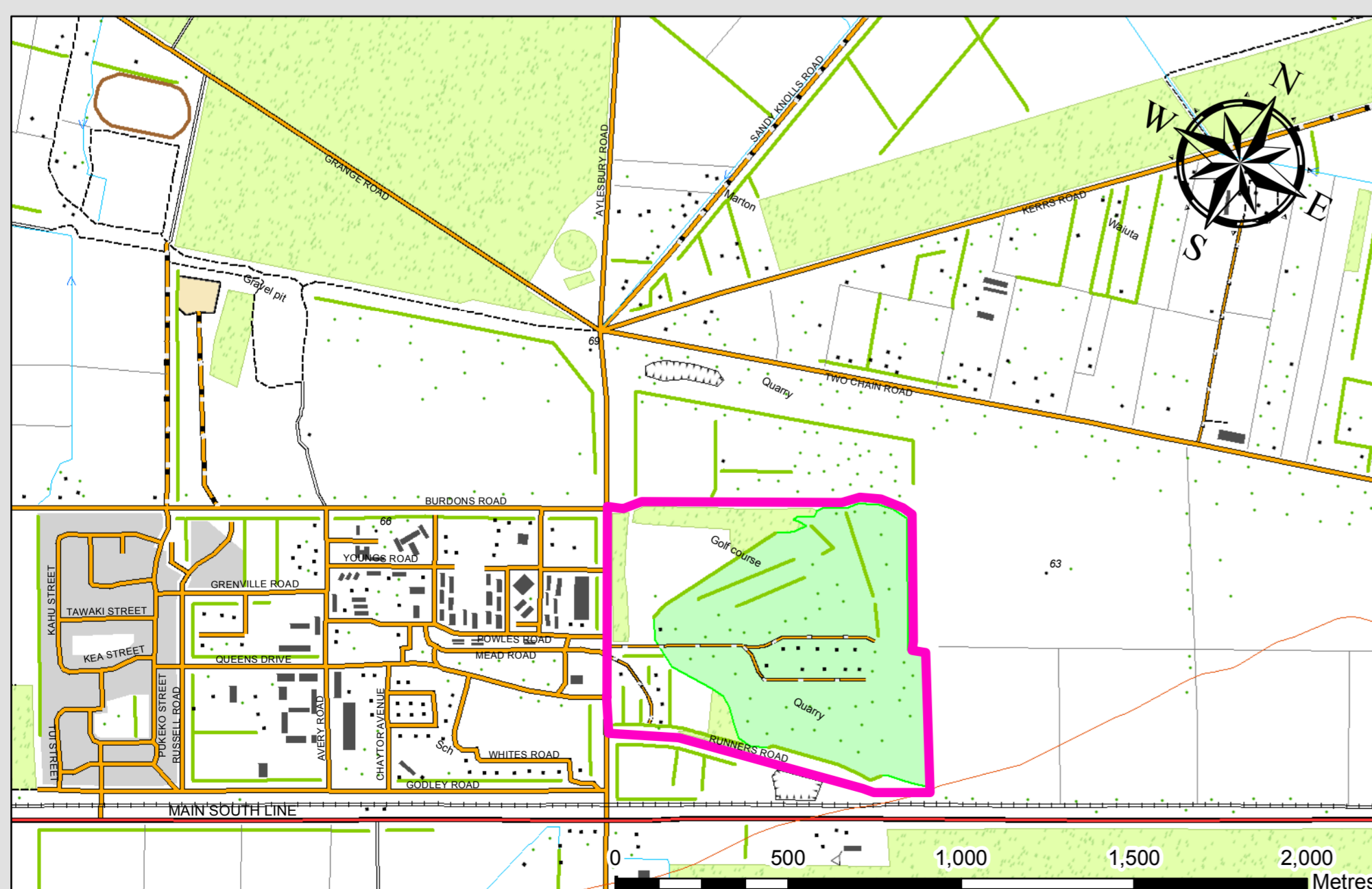
Turn right at the intersection and continue down Godley Rd to the intersection with Russell Rd.

Turn right onto Russell Rd and continue past the AGI Complex reaching the intersection with Burdons Rd.

Turn right onto Burdons Rd and proceed down the old RFL route, past the Con-course to the junction of Aylesbury Rd.

Turn Right onto Aylesbury Rd and continue to Burnham Camp main entrance.

(Note: Route can be run in reverse order)

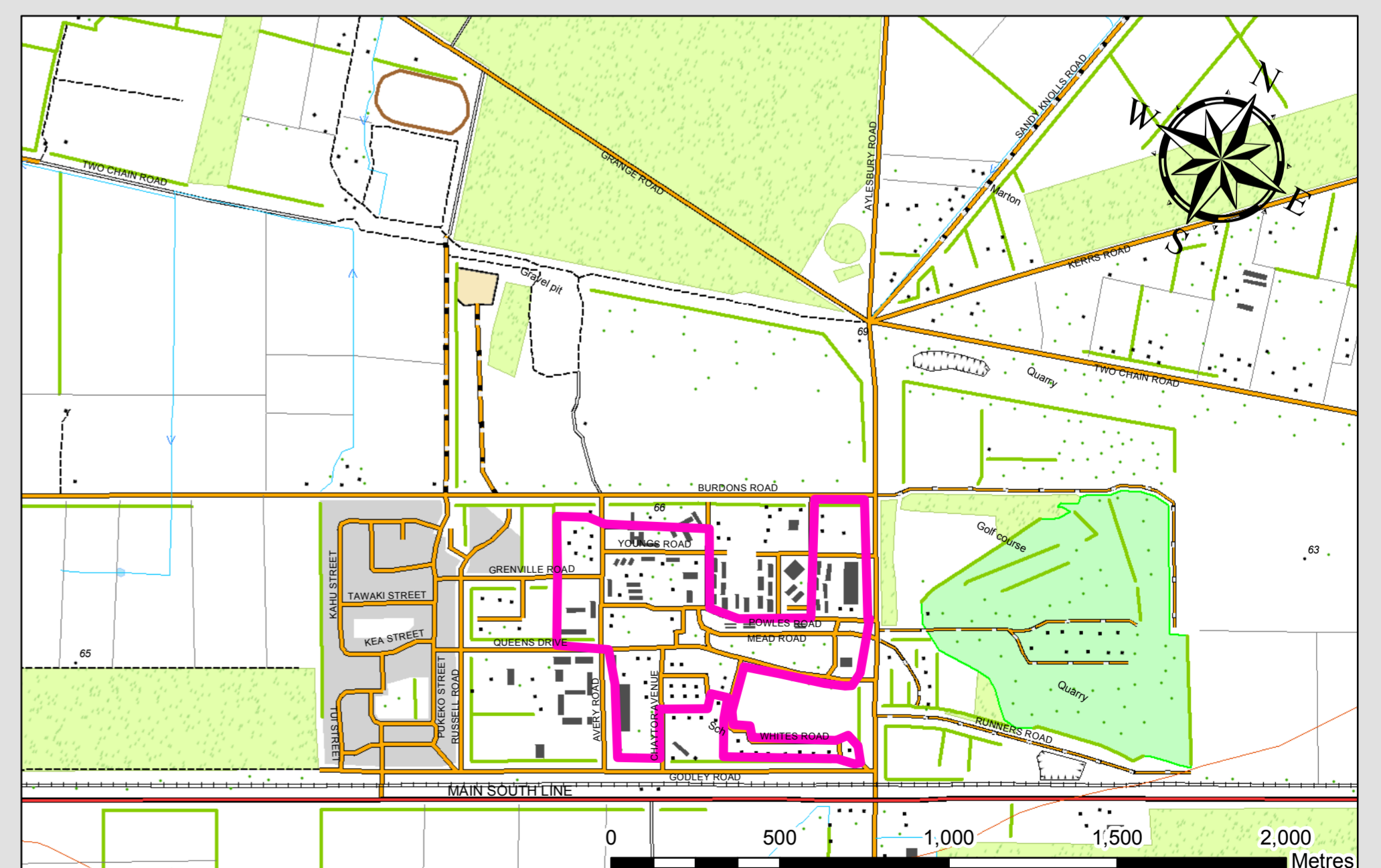


GOLF COURSE

Distance..... 3.4 km
 Start Point..... Burnham Main Gate
 Surface.....Gravel roads and dirt tracks

ROUTE:
 Cross Aylesbury Rd onto Runners Rd and proceed around the external fenceline of the golf course.

(Note: Route can be run in reverse order)



INTERNAL TRACK

Distance..... 5.4 km
 Start Point..... Burnham Main Gate
 Surface.....Sealed roads and dirt tracks

ROUTE:
 Follow Blue markers and painted foot prints as per separate BMC internal running track map.

(Note: Route can be run in reverse order)