

# ART IN RECOVERY WORKSHOP

## HOME COMING

**29 & 30  
OCTOBER 2022**

**ART METRO,  
CHRISTCHURCH**

This free workshop is about healing through art.

It's open to serving and former Injured, Wounded or Ill (I.W.I) **NZDF** personnel, and NZ Army Families of the Fallen. You don't need to be an experienced artist – come along and two art therapists will help you tell your story.

**There are limited spots, so apply by 23 September 2022 at:**



**[artinrecovery@nzdf.mil.nz](mailto:artinrecovery@nzdf.mil.nz)**