# THE BUGL

ISSUE 277 **JANUARY 2021** 

#### THIS ISSUE

Life on Op MONITOR **Working in Antarctica** On The Road in Sinai **Christmas Celebrations Abroad** 

The Deployment Newsletter is produced for families and service personnel associated with current overseas deployments



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#### Deadline

The deadline for Edition 277 is **1 February 2021** 

Bugle contributions are welcome and should be sent to Carol Voyce.

Repro Linton

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#### Disclaimer

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Articles and opinions expressed in The Bugle are not necessarily those of the New Zealand Defence Force.

#### **Cover Photo:**

Staff Sergeant Emma Geange at a Guard Post in the DMZ (Demilitarized Zone), South Korea.

## **GUEST EDITORIAL**

#### **OPERATIONS SECURITY**

#### **Security Manager**

Headquarters Joint Forces New Zealand

Reprinted from previous Bugles

s security manager for our operational headquarters it is my job to advise on and monitor all aspects of security within the headquarters. In Defence we always have an eye on security because it is an integral part of



our business both at home and abroad but sometimes we forget that those people in our wider Defence community may not always understand why we need to apply security measures and this can pose a risk to deployed personnel and the Defence community at home.

The New Zealand Defence Force (NZDF) community includes all our people their families, friends and of course our retired Service personnel. Unfortunately the right messages about security do not always get out to all that need them. Also, in today's changing world out of date knowledge can be a dangerous thing and our extended community are always eager for information and updates on what is going on with our deployments. Sometimes this can lead to annoyance if information is not provided by Defence and people are asked not to talk about what they do know.

Operations Security, or OPSEC, is about keeping potential adversaries from discovering critical information about our military operations, related capabilities and intentions. OPSEC thereby helps to protect our operations; planned, in progress, and those completed. Military success depends on secrecy and surprise, so the military can accomplish the mission more effectively and with less risk. Our adversaries want our information, and they will get it wherever they can.

By being a member of the Defence community you may know some information that, when combined with other information, may give away detail that can be used against us or you. Some important points are as follows:

- do not discuss NZDF related information outside of your immediate family, especially not over the phone or via messages or email,
- do not disclose military or personal information on social media,
- keep your technology security software up to date,
- discussing sensitive NZDF related topics in public places can result in information being overheard and made public, and
- discussing possibilities or speculating can be misinterpreted as fact by those overhearing it if they know you are part of the Defence community.

All members of our extended military community contribute to our success, and we couldn't do our job without your support. You protect your family and friends by protecting what you know about the military's day to day operations. That's OPSEC.

If at any time you feel in any doubt about matters concerning security don't hesitate to contact Defence and for our family members the Deployment Services Officers are always able to assist you.

## News from South Korea

Articles and opinions from Foreign Correspondents are not necessarily those of the NZDF

#### Op MONITOR 02-20

LTCOL Brendon Jull
Armistice Education Officer
Op MONITOR 2-20

The majority of the new contingent to deploy on Op MONITOR (02-20) arrived in South Korea at the end of September and were met with a well-planned orientation programme from the previous contingent. Having had two COVID-19 tests before departing New Zealand, we were well-prepared for the one we had at the Incheon Airport, and the second one at a local hospital 12 days later. Regardless, they still make your eyes water and aren't terribly enjoyable.

Of the nine people to form contingent 02-20, SQNLDR Derek Miller was already halfway through his 12-month tour, and CAPT Ben Shaw and MAJ Conor Yardley arrived a month prior to the main body. Their knowledge and advice helped us to seamlessly integrate into the camp and our respective organisations that we were to work for.

Having been given the clearance from the second COVID-19 test and having finished the mandatory two-week isolation at our apartments, we commenced the camp onboarding process and respective handovers from our predecessors. Each of us now have no-less-than five access and computer cards in our wallets! We even needed a Rations Card to buy items from the local Commissary (supermarket) or PX (military department store).

As part of the orientation, we ventured up to the Demilitarized Zone (DMZ) and Camp Bonifas. This gave us a perspective of the sensitive nature of the environment there and the work that is conducted up there. We also checked out the basic but comfortable living and working environments that both CAPT Julian Thacker and LT(N) Richard Easton were to be at for the next six months.

During the first month here, most of the contingent managed to make a trip down to Busan to look around there. Busan is South Korea's second largest city with a population of 3.6 million people. It is situated on the south

coast of the peninsula and is home to the largest beach in South Korea, Haeundae Beach, and the world's fifth largest port. Whilst there, we took the opportunity to visit Haedong Yonggung Temple. Built in 1376, it was destroyed during the Japanese invasions of Korea (1592-98) but was rebuilt in the 1930s. The temple complex is a large one and one of few in Korea to be set on the seaside.

For those personnel working out of Camp Humphreys, we are located in a small apartment complex with some local South Koreans and some American service personnel in the surrounding buildings. I say "small", as we have approximately 50 apartments in our fivestorey 10-building complex site. Many other complexes in South Korea have up to 2,000 individual apartments (25 storey buildings with two/four apartments, with

over 20-40 individual high-rises). Our apartments are well-equipped, with quadruple glazing, heat pumps, and underfloor heating; very handy when it's -15 degrees outside!

COVID has placed some restrictions on our movements around the peninsula, with Seoul and Busan currently off limits due to the United States Forces Korea regulations. At this time, restaurant, bars, and malls are off-limits also. For the teams doing inspections and education briefings up at the DMZ this has resulted in their trips being postponed due to the Korea Battalions wishing to reduce the number of outside visitors into their locations.



Captain Julian Thacker, Colonel Don Jones and Lieutenant Richard Easton receiving their RSA Christmas gift packages at Camp Bonifas, at -15 degrees.

## CAPTAIN Julian Thacker RNZAMC Assistant Corridor Control Officer United Nations Command Military Armistice Commission - Secretariat

The Republic of Korea, Wow! What a change from New Zealand. My first deployment and the farthest I have travelled from home, I couldn't have come to a better place. South Korea is amazing, from the friendly locals, to the food and the landscape. After two weeks isolation followed by inprocessing at Camp Humphreys, it was time to head north to Camp Bonifas and the DMZ where I would be living and working. You see it on the news, and in articles, but actually being here is guite a head-spinner. The history of the place, and the ground itself, is quite awe inspiring and at times humbling. Standing next to an armed ROK (Republic of Korea) soldier, looking out

## News from South Korea

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Captain Thacker at a Guard Post.

over the DMZ and seeing a North Korean soldier staring back at you in the distance, it takes a minute or two to sink in that this is really happening. Working here has been a bit of a culture shock. With the Korean food and culture (fascinating), driving on the right (or wrong, depending on how you look at it) side of the road, and the extreme cold (today's low of -16 C with a high of -9 C) every day is an adventure. But the team here is great and the work rewarding. Technology has allowed us to stay in good contact with our family and friends at home, which certainly helped lessen the pains of missing loved ones on Christmas Day.

My role is based at the Transport Corridor - West (TC-West) as the Assistant Corridor Control Officer. I work with a Danish Major, a civilian linguist and we will have a US NCO joining us in the New Year. My team's main job is to approve and monitor, of behalf of the United Nation Command (UNC), all traffic crossing the Military Demarcation Line (MDL) between North and South Korea at TC-West. Due to Covid-19, there have been no crossings since January 2020, however we still process requests to enter the corridor (staying south of the MDL) for

maintenance, and environmental / cultural heritage surveys. When there are work parties in the corridor, we will often accompany and observe to ensure the Armistice requirements are being met. Other roles we are involved

in are inspections of front line ROK units along the DMZ to ensure the Armistice requirements are being met, escort and observer duties at various locations within the DMZ for ecological / cultural heritage surveys, and conducting tours of TC-West - including the start of the corridor, Dorasan Railway Station, and the Customs, Immigration and Quarantine facility. Working in a multinational environment has been an awesome experience, with a few surprises thrown in (good ones of course) and continues to make every day an interesting one.

## Lieutenant Richard Easton, RNZN

Assistant Joint Duty Officer United Nations Command Military Armistice Commission - Secretariat

The word 'surreal' best defines the first 90 days deployed on OP MONITOR, well - after the mandatory 14 days isolation for Covid-19 that is! Being stationed at Camp Bonifas and living less than 300m from the DMZ and just over 2km from the border with North Korea is an experience. Entering



Lieutenant Richard Easton standing at the Bridge of No Return. Used for prisoner exchanges at the end of the Korean War in 1953.

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Panmunjom for the first time and seeing the literal divide of buildings used for cross border negotiations is hard to explain, but it hits home the nature of the conflict and the still lasting tensions on the peninsula. From guard posts, armed guards, barbed wire fences, and mine fields, the separation of the two Koreas is real and ongoing, as I said - surreal to see in person.

My job here is the Assistant Joint Duty Officer, our office (Joint Duty Office) is the primary point of contact with the only military-to-military phone line in operation on the entire peninsula. We carry out phone checks with the Korean People's Army (KPA) in the North twice a day and convey messages as and when required. We also authorise access into the DMZ for our area. which includes the village of Taesongdong, the only village located and inhabited within the DMZ. On a daily basis we liaise with the Neutral **Nations Supervisory Commission** (Switzerland and Sweden), the Security Battalions (ROK and US) and United **Nations Command Military Armistice** Commission headquarters elements to facilitate visits by distinguished quests. ranging from Generals to high ranking diplomats and world leaders. Despite the reduction in movement of personnel due to the global pandemic, it is never a dull moment here in the DMZ!

## Wing Commander Dion Peat, RNZAF

Non-Combatant Evacuation Operations Coordination Cell (NEOCC) Chief United Nations Command

The NZDF has maintained the Chief of Non-Combatant Evacuation Operations (NEO) Co-ordination role at the UNC Headquarters for the past four years. When required the NEOC Cell swells to 19 personnel tasked with enabling the integration of United Nations Sending States NEO capabilities into the United States Forces Korea (USFK) NEO framework. In short, if it became necessary to evacuate the non-Korean civilian population off the Korean Peninsula due to the re-advent of hostilities – remembering that the two



Members of the New Zealand contingent being shown around an Abrams Main Battle Tank

Koreas remain formally at war – then the UNC NEOC Cell becomes the primary coordinating entity to integrate the aircraft, ships and associated personnel required to do so.

The USKF has a substantial and complex NEO framework in place ready to move hundreds of thousands of displaced personnel at the same time as moving war materials and personnel onto the Korean Peninsula to defend South Korea. Negotiating air and sea entry and exit points and times for non-US aircraft, ships and personnel movements will be immensely challenging and any preplanning, coordination and prior approvals will be worth their weight in gold. In the time honoured military fashion, the best way to prepare for any contingency is to exercise your planso the dominant part of the NEOCC Chief role is preparing for, carrying out, and considering the results of the various NEO exercise events held throughout the year. The two primary exercise events are the three week Peninsula wide Combined Command Post Training (CCPT) events held in March and August each year. Because the role has been held by Kiwis for a number of years it has been easy to slot right in behind my predecessor. The team didn't have to adapt to my kiwi mannerisms and straight forward approach to any hurdles or problems. This is definitely one of the reasons

why many US commanders like having Kiwis on the team – we generally call a spade a spade and jump right to the crux of any problems that need to be raised or addressed....but we do it in a way that minimises offending the sensitivities of other team members.

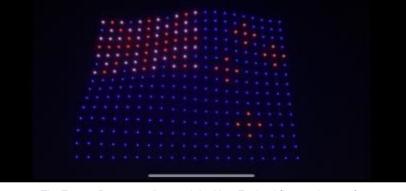
Additionally, the Chief NEOC Cell has the responsibility of being Contingent Commander for the - currently nine -Kiwi servicepersons deployed on Operation Monitor. Most other NZDF deployments don't require a dedicated Contingent Commander as they are served by a co-located Senior National Officer / Representative (SNO/R). However, in the Republic of Korea (ROK) these responsibilities are held by our Defence Attaché in Seoul. As such, the Contingent Commander is tasked, by the SNO/R, with the day-day on the ground role of ensuring the wellbeing and welfare of the contingent members. Generally not a difficult or time consuming role but definitely the most important.

The environment at first glance appears to be fairly cushy – first-world infrastructure and services at your finger-tips plus first rate accommodation and food. However, the complexity of the working environment cannot be understated – nothing is as it seems! Everything is political! Every rock has a surprise under it – without exception. All while

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The Turn to Busan wording, and the New Zealand flag made out of 320 'swarming' drones in the sky above Busan during the 70<sup>th</sup> Anniversary "Turn Toward Busan" Event

technically being at war! This all leads to inevitable frustrations. Then you add the complexity of COVID and the inability to travel and socialise as the contingent would like - especially knowing how hard the 'team of five million' worked to enjoy the freedoms that they now do in New Zealand. Sadly, this is not the case for the majority of world.....and not the case for the ROK. At the time of writing there are nationwide travel and congregation restrictions that are akin to what we all went through in New Zealand last year. Thankfully, our entertainments officer, MAJ Mike Lawry, has been instrumental in organising regular events to allow the contingent to unwind and keep on an even keel! Moral(e)s will only improve with constant practice!

Major Conor Yardley, RNZMP Future Operations Planner United Nations Command

The first 90 days have been a real rollercoaster! We have transitioned from +38°C and sweating through our uniforms to -15°C and having our breath freeze our masks walking to work. We have moved through an almost COVID free peninsular to a third

wave and a locked down Christmas. It has been difficult navigating a bunch of new rules and operating procedures especially when they seem to be changing daily as COVID fluctuates. Still we were lucky enough in the early

stages to get a glimpse of the beauty that the Republic of Korea has to offer. As a contingent we explored the Joint Security Area in the Demilitarized Zone and the sights and sounds of historic Busan in the south.

New Zealand is now the second largest contributing nation to the United Nations Command which is an honour but comes with big expectations. The position I am filling is new for New Zealand but also for Headquarters United Nation Command as a full time position. Much of the work we are doing is planning for the next training cycle but the headquarters is going through somewhat of a rebuild and this gives us kiwis a great deal of influence on what the future United Nations Command looks like. We are working hard to keep busy while our movement is restricted, and look forward to the opportunities that 2021 brings after such an unusual and busy 2020. We also keep a jealous eye on the COVID freedom back home which is making us more eager than ever to be back with vou all.

Major Mike Lawry, RNZE Mine Action Staff Officer United Nations Command

The role of the United Nations Command (UNC) Mine Action Staff Officer (MASO) is to assist the UNC and Republic of Korea (ROK) in developing a Mine Action Programme to coordinate demining and remains recovery operations in the demilitarised zone (DMZ). This involves conducting meetings with Government Ministries, including the Ministry of National Defence, ROK Army and IGO / NGO. Discussions aim to collaborate on demining and remains recovery planning, the monitoring of current operations and the recording of completed operations. Demining and remains recovery operations in the DMZ, represent a commitment to peace and security on the Korean Peninsula through the conduct of physical actions. It is important that these operations are conducted in a manner that complies with the Armistice Agreement and is consistent with standards that will enable the land to be safely utilised, following the clearance. The UNC MASO sits within the Engineering Operations and Plans Cell of the UNC HQ and reports to the UNC Command Engineer.

The MASO role is based at Camp Humphreys, south of Seoul by approximately one hour but involves meetings in Seoul and site visits to the DMZ. During the first 90 days, the job has involved multiple visits to Arrowhead Hill, which is sited only a few hundred metres from the Military

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Ministry of National Defence Agency for KIA Recovery and Identification (MAKRI), and UNCMAC staff.

Demarcation Line (MDL), the line that separates North Korea from South Korea. At Arrowhead Hill I was provided a tour by the Ministry of National Defence Agency for KIA Recovery and Identification (MAKRI), which included witnessing the exhumation of remains from a subterranean bunker, surrounded by fairly well preserved relics from the

battlefield, such as a PPsH submachine gun, ammunition tins and canteens.

The role does require considerable time in the office, reading demining standards and preparing briefs to inform command, which can provide significant long-term objectives to be achieved. I have had the opportunity to



Major Mike Lawry at the New Zealand Memorial at Gapyeong.



Gloucester Valley Battle Monument. Memorial to the Gloucestershire Regiment (the Glorious Glosters)

brief General Abrams, who is the Commander of the UNC. In a ceremonial capacity, I attended The Turn to Busan commemorations run by The Ministry of Patriots and Veterans Affairs, it was a huge honour being able to acknowledge our national contribution to the Korean War and my personal connection through my grandfather's service with the RNZN.

In my down time, I have had the opportunity to visit the battlefields and memorials of Gloster Hill and Gapyeong (Kapyong), which provided a more detailed understanding of the battles fought there and have walked a few trails in the National Parks such as Bukhansan and Seoraksan.

## **Squadron Leader Derek Miller, RNZAF**

DMZ Operations Officer United Nations Command Military Armistice Commission – Secretariat

South Korea is a small country covering an area less than that of the North Island, but with 52 million people. To fit all the people in they have to

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Short drives from where we live lead to more hills, most of which have shrines and sculptures on their summits. The pictures below show the view from some of the hills I have climbed this year.

stack them on top of each other - all around us are blocks of high rise apartments with families squeezed into them. So when something like COVID-19 comes along it can get out of hand really quick, so the government take things very seriously. As I write this, there are instant fines of about \$130 for not wearing a mask, gatherings are not allowed to exceed four people, gyms and spas are closed, and all restaurants are takeout only...and the list of what you can't do goes on. One thing you can do fortunately is hike, so that's what some of us have done this year to see this beautiful country. I'll share a few pictures of the hikes with you.



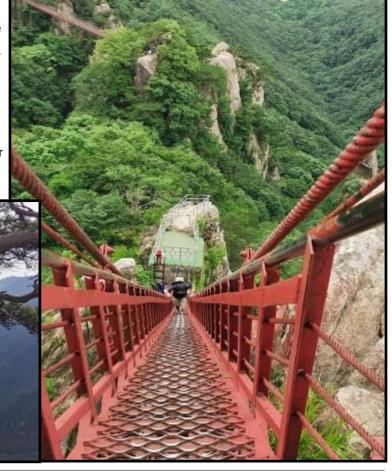
The above two photos are all in Seoul. Any hill

you climb lets you look down on 25 million people down below. Despite the number of people, you can still get

away from people and enjoy nature.

So even though we're in lockdown, and in winter it's freezing (-14°C according to my phone right now), Korea has much to offer you if just by walking up a

hill. They're not as high as New Zealand ones, the sky isn't as clear, but the place is still beautiful.



## News from South Korea

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#### Captain Ben Shaw, RNZIR

Assistant DMZ Operations Officer United Nations Command Military Armistice Commission – Secretariat

I arrived in South Korea in August to fill a new position in the United Nations Command Military Armistice Commission. As one of four Assistant DMZ Operations Officers, I became intimately involved with the international effort to ensure the Korean Armistice Agreement is correctly observed, and tensions between the North and South are kept to a minimum. The job is fascinating, and very busy. Even with heavy COVID -19 restrictions limiting activity in Korea, I've already travelled all over the country, inspected ROK Army Divisions, and working closely with the **ROK Marine Corps to prevent illegal** fishing in the Han River Estuary.

Korea is a beautiful country. The people are so courteous and hospitable, and truly appreciate meeting foreign people with whom they can practice their English. We've become quickly immersed in the Korean culture. A real Korean BBQ dinner is a unique experience, especially if the ROK Colonels are providing the refreshments! The hiking during autumn was a special highlight, as there is a two week period when entire forests turn a bright orange colour.

We are well looked after over here. Having just passed Christmas, we had the opportunity to get most of the contingent together for a deep fried turkey. Embracing American culture is just as important on this mission as Korean culture is. The turkey was delicious, and no buildings were burnt down in the process. I call that a win!

A happy New Years to everyone at home.



Tramping in one of the National Parks.

## Staff Sergeant Emma Geange RNZALR

DMZ Operations SNCO United Nations Command Military Armistice Commission - Secretariat

South Korea greeted me with a COVID-19 test for my 38<sup>th</sup> birthday; one to remember for sure. Here is when I appreciated the gentle kind nurses in NZ who had recently prodded my nostrils twice prior to my departure. Once we had completed our two week isolation period, I was keen to get stuck into the job I was here to do and familiarise myself with what was to be



Staff Sergeant Emma Geange at the War Memorial of Korea

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Articles and opinions from Foreign Correspondents are

called home for the next six months. Before Covid lockdowns were implemented, I made it to Seoul for Armistice Day.

My job as the Demilitarized Zone SNCO within the United Nations Command Military Armistice Commission - Secretariat, requires me to mainly monitor and approve access requests into the DMZ and access and process any construction that need to take place inside the DMZ. This job requires a full understanding of the regulations of the Armistice Agreement and why we are doing it. Among other things, I've enjoyed being able to get up into the DMZ to assist with inspections. This gives you a better understanding of the area and the living situations of the ROK Divisions who are protecting the border between North and South Korea. A true experience and privilege to be part of.



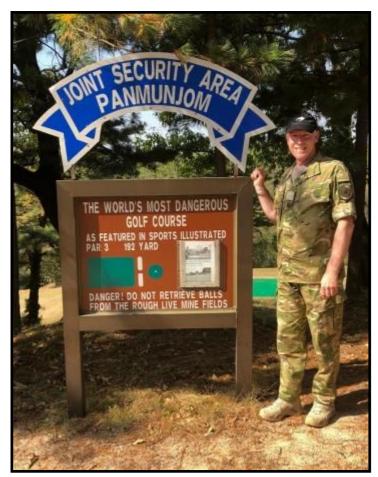
Lieutenant Colonel Brendon Jull conducting an Armistice Agreement education briefing session.

## Lieutenant Colonel Brendon Jull RNZIR

Armistice Education Officer United Nations Command Military Armistice Commission - Secretariat

The first impression of arriving in South Korea is the large scale of its urban dwellings and motorways. Though just over half the size of New Zealand, South Korea has ten times the population. South Korea packs a lot into its geographic space. High-rise apartment complexes sit alongside rice paddy fields, and the green trees of the hillsides stand in stark contrast to the grey city buildings. Construction cranes and motorway extensions show that the pace of expansion is not slowing.

South Korea has certainly come a long way since the 1950s of near-subsistence living. Now having the 11<sup>th</sup> largest economy and 7<sup>th</sup> largest military in the world, global brands such as Samsung, LG, Hyundai and Kia are a source of large employment and national income. New Zealand's latest naval ship (HMNZS Aotearoa) was recently built by Hyundai Heavy Industries in Ulsan, the world's largest shipbuilding company. A strong public resolve, along with government and



Lieutenant Colonel Brendon Jull at the Camp Bonifas golf course (a single-hole course with a difference).

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entrepreneurial vision, has provided a substantial economy and a proud population.

We have found the South Korean people very friendly and hospitable, along with a feeling of safety and respect. South Korea has more CCTV cameras than people, with crime rates being very low. For many of us, the Korean food has been an enjoyable experience with Korean BBQ being a regular outing, and a lesson in food identification, table etiquette, and chopstick dexterity. The food is invariably fresh and healthy, with limited use of oils, fatty frying, and breads.

As the Armistice Education Officer, my main role is to deliver Armistice Agreement and Rules of Engagement briefings to the Republic of Korea units up in the DMZ. This is with the use of a Korean interpreter, which doubles the length of the presentation. The audiences are invariably enthusiastic. and often inquisitive about having a New Zealand Officer provide the briefings (New Zealand was one of the initial Sending States in 1950, contributing over 6,000 army and naval personnel over the next decade). There is always great discussion when it comes to the Rules of Engagement, and what is classed as a Hostile Act and Hostile Intent - eagerness and strength of force sometimes

encourages an enthused position.

Due to the good work of my predecessors, the Armistice Education Officer role has been instrumental in helping see a reduction of Armistice violations and deescalating tensions in the DMZ. The more the commanders and soldiers understand the basis for the Armistice and their responsibilities therein, the less chance of unlawful exchanges and over-reactions to transgressions in the DMZ.



Bulguksa Temple, in the Gyeongju-si province.—one of the many UNESCO listed temples in South Korea worth visiting.

## News from Antarctica

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#### **Working In Antarctica**

**SGT Kirsten Pease** Senior Watchkeeper

Two seats of merino thermals, fleece top and fleece pants, a windbreaker, a puffer jacket, two beanies, six pairs of gloves, two pairs of socks, a balaclava, neck gaiter, lined boots, a set of extreme cold weather gear – a bulky jacket, overalls and chunky clown like boots were all issued to me at the beginning of my journey to the bottom of the world.

Working in Antarctica has always been on my Operational deployment bucket list and I am so fortunate and grateful to be here representing the RNZAF and the NZDF. At first, I had very mixed feelings about applying and getting the job as I have been planning a wedding in early 2021. Despite this, I decided to chuck caution into the wind and take a risk that I would be back home in time.

There are quite a few different roles that form Op ANTARCTICA – roles based in Christchurch; Harewood Terminal Team and the Antarctic Passenger Terminal. Roles based on the continent – Plant Operators, Communications Operators, Cargo Handler and the Ship Off-Load Team (SOLT) which is a team that spends approx. one month on the continent unloading the cargo vessel.

The role I applied for was the Senior Communications Operator role. Although I am a Logistics Specialist by



trade, this role did not have any specific communications training required, just that previous radio experience was desirable. The Comms Ops role at Scott Base covers five key areas of responsibility:

- monitoring safety of personnel who are away from Scott Base and Scott Base infrastructure.
- communications within Antarctica (including with field parties, Scott Base personnel and US programme colleagues),
- communications with those outside Antarctica,



- support for emergency procedures
- administration duties.

All are vital for the safe and efficient running of Scott Base and its operations.

Due to COVID-19, this season has been reduced with flights, science events and personnel. Where we would usually have four personnel to carry out 24/7 communications for base, this season only two people are required for operation between 0700-2359h. Myself and LMED Alex Carter from the RNZN are the main Comms Ops, with one other who supplements us to allow for a day off once a week.

This year our NZDF team on the





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wellbeing, health and safety, activities in the past 24hrs and the next, local weather, pass messages to and from, news/ info and requests and just general morale boosting for the team.

Christmas preparations began in the

second week of December, with decorations going up around the base and everyone starting to think about what they would do for their Secret Santa. Gifts have to be homemade from resources found in and around base. There is plenty of room for creativity, items can be made from wood, metal, textiles, paper mâché or anything you can really think of. I chose to make a Yoga dice, each side having a different yoga pose. I shaped a piece of wood into a dice, carved yoga poses into each side, then painted the figures Scott Base green and varnished the wood - It turned out really well and I think the recipient will love it.

Being away for Christmas has its challenges and is always hard being away from family and friends, despite this our team is fortunate enough to have received homemade pillow cases, Christmas cards from the community and RSA care packages to remind us of home. This year our small team will conduct interviews with radio stations providing an insight into what it's like being deployed for Christmas and having a white Christmas.

On the 9<sup>th</sup> of December two members of the NZDF – LCPL Nathan Jamieson and F/S Jae Ekman half-masted the NZ Flag to commemorate the first anniversary of the Whakaari White Island – one year on. It can be very difficult to conduct drill movements on the snow, but these two put on a terrific display of military drill. As I grew up in the Bay of Plenty, just off the coast of White Island in a small town called



Opotiki, it was a day of reflection for me, not only on the lives lost and those still recovering from this tragedy, but also the effect that this tragedy has had on the community.

Most friends and family I speak with are blown away by how much there is to do in our spare time down here. In the two months that I have been in Antarctica I have done almost all of the Ross Island walking trails, fat biked, abseiled down a crevasse, spent the night out in a tent, explored the pressure ridges out the front of Scott Base, scooted along the icy sheets around Turtle Rock, climbed Castle Rock, attended Thanks giving dinner, played football with the Americans, launched a weather balloon and attended numerous Bar talks. Along with all of this, there is always board games to play, books to read, dress up parties to attend, plenty of movies to watch, a gym to use and hobbies such as sewing or woodwork to be enjoyed.

This month we hit positive temperatures, and with the warming weather comes a change in scenery and environment. The sea ice out the front of Scott Base will melt and break away, the seals will disappear, but we will likely see whales, penguins and birds flocking to the area. I really hope we get to see these amazing creatures before returning home in late February.

continent has been reduced from nine to five and we will not see the SOLT as unseasonably warm weather meant the ice pier couldn't form properly so the vessel was called off. This has meant an increase in the Cargo role work load and I have been able to implement my trade skills to assist the Cargo Handler with preparing freight for RTNZ.

One of the field parties we have had this season is the Traverse. This is a team of five that travel South, a 3000km journey of transporting large scale science projects further into the polar region than before. This convoy of three Pisten Bully tracked vehicles can drive over the ice and can haul many more tonnes of equipment than a plane can carry and can travel in almost any weather. They are self sufficient with enough food, water, fuel and utilities to last a two-month period.

The team travel across heavily crevassed areas and use a ground penetrating radar to ensure the path is safe. They travel at approximately 10 kilometres an hour for up to 18 hours a day. This year differs from previous Traverse expeditions as the team is smaller and no scientists are travelling to the site to carry out science in the middle of the Antarctic Ice Shelf. Instead, this year the team will conduct preparations for next year's events, and will only collect critical data/samples on behalf of scientists.

As part of the Comms Op role, we talk to the team in the field twice a day and track their movements. We check in on

## News from Sinai

Articles and opinions from Foreign Correspondents are not necessarily those of the NZDF

#### **Celebrating Christmas in Sinai**

Merry Christmas to all our friends and family from Op FARAD 02-20. For some, Christmas in Sinai started with a well deserved sleep in, whilst others smashed out Christmas burpees in preparation for the Christmas Feast at the mess. Let it be known we all had way too much food and were very spoilt.

After the feast Santa Speck handed out the secret Santa gifts and RSA packages. A special thanks to everyone involved in making and sending the packages, they were well thought out and delicious!! We were also lucky enough to receive patriotic pillowcases to remind us of home.

You cannot have Boxing Day without some sporting competition between the Aussies and the Kiwis. The AUSCON vs NZCON Twenty/20 Cricket game started with the Force Commander taking the first wicket followed by an AUSCON supplier taking the pitch in his speed jandals. Unfortunately this did not work in his favour and the Kiwis took the win by a whopping 13 runs and LAC Harriet Williams took out MVP. The match was attended by several other contingents who experienced a live cricket match as well as the hysterical banter between the Aussie and NZ teams. It was a good way to help work off the Christmas



SGT Santa Speck handing out Secret Santa gifts and RSA packages





Above right: WO1 Yorwarth delivering Patriotic Pillowcases.

Above: LAC Williams and CPL Harding with their RSA packages

Right: LCPL Ross, SGT Campbell and SGT Speck opening their

gifts

## News from Singi

Articles and opinions from Foreign Correspondents are not necessarily those of the NZDF

lunch, which we will be working the rest of the deployment to shift. All in all, for a Christmas away from home this year, there were plenty of activities to keep us busy, some good banter

and lots of laughter.

We hope everyone back home is having a safe and happy holiday with their family and friends. We miss you all so much.



Christmas lunch display



NZCON vs AUSCON Twenty/20 cricket match. Right: LAC Williams takes the pitch



## News from Sinai

Articles and opinions from Foreign Correspondents are not necessarily those of the NZDF

#### Life on the Road From Remote Site 2 to Remote Site 1 in Sinai

**PTE M Viney** 

Combat Driver, NZCON

The NZ Drivers Section in Sinai have been able to base a couple of drivers at Remote Site 2 (RS2) to make the trailer exchange at Remote Site 1 (RS1). These exchanges are important for the supply and distribution of food and stores for North and South Camp. There are also two Uruguayan drivers and a section of Columbian force protection at RS 2. This is the first time kiwis have driven in the Northern Area of Operations (Northern AO) in two years, and the first contingent to have drivers based out of the Northern AO for five years.

Upon arrival at RS2 we were shown to our room. It was an eight man bedroom for myself and LCPL Ross, however that would change the following day as two of the Uruguayans would be leaving to rejoin their section at North Camp. This led to us getting a smaller but cozier room the following day. We were shown the lounge and kitchen areas on the Columbian side, where we will cook for ourselves and where we would hang out while not working. We were also shown the truck we would be using for the drive; it was an armored Mack.

Our first proper interaction with the Colombians was with the Convoy Commander on what was to be expected from us and what we could expect on the drive. This was all done through the interpreter as we do not speak Spanish and they have very little English. (For drivers coming over Spanish is helpful).

0500 breakfast was made by the Columbians and by 0530 we were out at the truck ready to leave at 0600. The drive itself is about three-and-a-half hours from RS2 to RS1. The roads in the northern AO are interesting to drive on, you will see a lot of exciting things from tanks and artillery to the villages selling live chickens on market day. The road conditions go from very smooth to gravel and in some parts have been washed away or are down to one lane as sand has built up on one half of the road.

Upon arrival at RS1 we are greeted by the Uruguayans from North camp and given a boxed lunch to eat on the way back to RS2. This exchange of trailers takes about half an hour; once you have hooked up and had some banter with the Uruguayans its back to RS 2 to knock off for the day.

Life after work consists of what you want to cook for dinner (our favorite was a stir-fry), and there is generally a football match at 1530 on the helicopter pad (first to 10 goals wins) played with a futsal ball. It's then shower time and dinner before finding out the next day's mission. It is enjoyable playing cards in the evening with the Colombians and using Google translate to help with the language barrier. The Colombians are a very welcoming people and have accommodated us with open arms.



Uruguayan drivers from North Camp with the Kiwi drivers from South Camp meeting up at RS1.



Kiwi and Uruguayan drivers with their Columbian escorts stopping for quick photo enroute to RS1.



## News from Bahrain

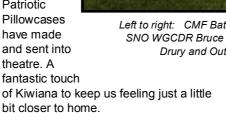
Articles and opinions from Foreign Correspondents are not necessarily those of the NZDF

#### **Passing The Flame**

LT Brent Duff, RNZN CMF Battle Watch Officer Op PUKEKO

December brings about a much anticipated cooler climate across the Kingdom of Bahrain and it also brings yet another passing of the flame between the Senior National Officer (SNO) Op PUKEKO at the Combined Maritime Forces (CMF), United States Navy 5th Fleet Central Command (NAVCENT). With four New Zealand nationals in theatre during the handover (double what is the usual NZ foot print within CMF), it has been a very full house but a very welcome touch of home. Incoming SNO, WGCDR Bruce Creedy takes up the demanding Chief Plans role within CMF, relieving CDR John McQueen, RNZN who after a long Arabian summer was very keen to get home to his wife and young daughter in time for Christmas, as well as the much more temperate New Zealand climate. Also departing from the mission after a busy but rewarding deployment as the Chief ACE was WGCDR Mark Drury. He worked extensively to achieve cohesion between multiple air and maritime task forces and ensure CMF operations remained as effective as possible throughout the uncertainty of COVID-19 pandemic. Both officers were highly regarded amongst their peers and CMF command for their contribution to the CMF, the level of support offered, and endeavors to advance the CMF mission. From the two of us remaining in theatre, we trust that both John and Mark had an enjoyable reunion with family, friends and whanau over the Christmas period, and took the opportunity for a well-deserved break.

Nο deployment would be complete without the obligatory photograph; after all if there aren't photos, did it even happen? The handover period was an opportunity for the Op **PUKEKO** contingent to model the pillowcases that the incredible team at Patriotic Pillowcases have made and sent into theatre. A fantastic touch



For the two of us remaining on mission, we turned our attention towards the Christmas period and celebrating the festive season over Christmas lunch with our Australian colleagues. Trans-Tasman rivalry never to be put aside, and ensuring local delicacies were represented amongst the standard Christmas fare, the Kiwis were tasked with providing the roast lamb and a Pavlova. What better way to ensure

Left to right: CMF Battle Watch Officer LT Brent Duff, Incoming

Left to right: CMF Battle Watch Officer LT Brent Duff, Incoming SNO WGCDR Bruce Creedy, Outgoing CACE WGCDR Mark Drury and Outgoing SNO CDR John McQueen

interoperability than bonding over food! How did we go? Well we gracefully accepted the resounding compliments from the Australians and admission that Pavlova must indeed be a New Zealand creation, best left to the experts.

We hope those reading this, whether deployed or waiting for loved ones at home, have had a safe, and enjoyable holiday season.

#### Footnote:

Combined Maritime Forces is a multi-national commitment to maritime security in the Middle East Region.. Its primary mission is to uphold the International Rules Based Order by countering illicit non-state actors on the high seas and promoting security, stability and prosperity across some 3.2 million square miles of ocean – an area NZ would fit into 309 times. Op PUKEKO represents the contribution of up to three NZDF staff officers to CMF. Two are permanent positions, which include the Chief Planning Officer (and NZ Senior National Officer), focusing on the medium to long term planning and allocation of command tenures and force generation of surface and air assets. Secondly, a Battle Watch Officer, working in a team maintaining 24 hour oversight of real time operations. The third is the Chief ACE position that rotates between multiple coalition countries; this role involves managing the operation and planning of all maritime patrol aircraft supporting CMF operations.

## **DSO'S CORNER**



#### **Carol Voyce**

Deployment Services Officer Editor "The Bugle"

eason's greetings to you all. I hope you had a wonderful Christmas and New Year and have enjoyed changes in scenery and routines. I know there is a lot of pressure celebrating these special dates when loved ones are absent and now that these days are passed and a new year has begun, things should return to normal again. Normality returns far more quickly than we think – and sometimes before we want it too!

I hope you enjoyed our last Bugle for 2020. It was full of some wonderful contributions from home and abroad. Janine and I have had lots of great feedback on that edition which took lots of reading. It took some serious compiling skills but we too were pleased with our efforts and to know that it bought some good cheer to our readers. While this edition of The Bugle is well short of our last 52 page effort, we felt it was too long for you all to wait till February for the latest news and updates. This simple publication fills a gap, reminds you we are here for you and keeps you informed. That means by my calculation that the page count is less important.

My festive celebrations were quiet and with family, but my thoughts often wandered back to those separated over the time with deployments. I hear many phone calls were made and Skype connections busy with the Christmas spirit being shared from near and far,

even if in a different kind of way. I have heard some snippets of news from various deployment locations and yes there was some fun, some hearty Carol singing, secret Santa's and great food enjoyed by all.

Just before the holiday break I was overwhelmed with the many emails and letters I received from overseas in response to Operation CHRISTMAS CARD – and they continue to trickle in! To those who contributed, there were some wonderful letters from all our deployment locations, praising your efforts but most of all acknowledging the difference that the cards made to the wellbeing of those deployed over the festive season. There are many individual replies which I am gradually sending out to many schools and individuals but your contribution did so much to brighten the days of those separated from loved ones. There were some wonderful displays of cards set up worldwide and shared with other nation contingents who were enthralled by the goodwill of so many Kiwi's in spreading cheer across the miles. I also hear that there was great excitement at Weedons School and Wellesley College when LTCOL Brendon Jull made Zoom calls to both, just prior to the holidays commencing. Be sure to check out the photos included in this edition. Both these schools had participated in Operation CHRISTMAS CARD and some of their contributions were included in those sent to the Republic

of Korea where we have service personnel deployed.

Sincere thanks again to you all for so many great contributions. Maybe we should do it again in 11 months' time!

I have been back in my office for a few days now so my routines are very much established once more. It has been a busy time catching up, but as always, great to be here for you all. It was pleasing to know that some of you felt comfortable about making contact with us over the festive season. That's what the 24 hour phone line is for and continues to be available throughout 2021.

I am hoping to take some leave in February and looking forward to spending some lazy days with my grandson. We had some precious time together over the festive season and it was a real bonus to me to have them home as they usually go to Australia, but with the borders closed I was in luck. I did feel sorry for his Australian grandparents though. I get to see him most days which is a real luxury! He did however, master the art of "talking" to his Poppy and Nana in Melbourne and also pushing that red button when Nana wasn't quite finished but he was! Communication is really the key to keeping relationships alive and how lucky we are to have so many means to be able to do so, even to the other side of the world. This is one of the great advantages of the "technological age" that we can all truly embrace, but at the same time still get enjoyment from that old fashioned handwritten letter or postcard when we make the effort. I am sure I have written many times about the joy I witnessed in a deployment location on mail day; the ripping open of parcels, the sharing of the contents and then the quiet times of seeing letters being read, tucked in pockets and then being read again later. If you haven't put pen to paper for some time, then this could be just another thing to add to your New Year resolution list.

Wishing you all the very best for 2021 and looking forward to keeping in touch.



#### **Janine Burton**

**Deployment Services Officer** 

irstly I would like to wish you all a very Happy New Year. I hope you have great plans for 2021 and that they all come through for you. This wish for you is not what I would classify as a New Year's Resolution, but just a plan with a really good outcome. Of course, like the rest of the world, we are still very much under the Covid cloud so lets hope that by the time we reach the end of the year that it is more of a bad memory than something that is still influencing how we live.

Christmas 2020 seems like such a long time ago already, but I hope that your time over the Christmas and New Year celebrations went well and that you were surrounded by family and friends to support you at a time when separation from loved ones is perhaps more keenly felt. For those who were deployed in any one of the locations around the world, I am sure that

Christmas spent with your colleagues was also a special one. I know that family members here were diligently sending off their Christmas parcels to arrive in time, and that for the majority you were able to hold off opening your special gifts until the appropriate time. Christmas and New Year is definitely one of those milestones which is good to have in the past – I guess the next milestone will be returning to work (if you haven't already done so) and children back to school - again one which a lot of you will be able to mark off the calendar. Remember that each of these milestones brings the homecoming day that much closer.

We had a quiet Christmas at home again this year, with little on the agenda other than to spend time with our children and grandchildren and to relax. My hubby and I went to Wellington for New Years, just to get away from home so we didn't find jobs to do. We stayed in a hotel which overlooked the harbour so we could

watch the world go by and, of course, a prime location to see the firework display to herald in 2021.

Moving forward, my next event is our Linton deployment dinner. So if you can make it, I look forward to seeing Manawatu-based families on Sunday 31 January, 5.30pm in the JRs (Main) Mess on 42nd Street. I have some families who join me every time and I really look forward to catching up with you again, but encourage others who haven't been before to please come along if you are free. Who doesn't enjoy having someone else to cook the meal, including dessert, and doing to dishes? I will be emailing our local families with details; if you are from outside of the Manawatu but find that you will be in our area on 31 January, please let me know so I can add you and your family to our attendance list.

There are lots of activities happening in the wider Manawatu as well, including the Palmerston North City Council Movies in the Park programmes, all free of charge. Its always great to be out of doors while the weather is good. Check out their website for the details. Note that Linton Camp will be one of the venues—Friday 12 February.

The other event which I would encourage you to add to your calendar is the Linton Whanau Camp Out on **Saturday 20 February**.

Check out pgs 28 and 29 for January events already planned for Burnham and Trentham.

So we are off and running. Let's hope that 2021 is a good year for us all.

## We are here for you!

Need advice, support or information to manage the deployment journey?

Contact Carol Voyce, DSO Burnham **0800 337 569**or Janine Burton, DSO Linton 0800 **683 77 327** 

## **CHAPLAIN'S PEN**



## **CHAP James Molony**

**Linton Military Camp** 

appy New Year Everywhere!!
I think we are all quietly
hoping for a lot less drama and chance
to catch up and hopefully travel
overseas for fun maybe?

2020 however reminded us that you just don't know what the 'next thing' may be.

In our role we walk alongside people who have had often an unexpected

tragedy and many will have had more to cope with than COVID. Serious illness, death of a loved one, loss of a relationship, loss of income, life can often throw at us what at the time may feel like more than anyone can cope with

There is a saying in the Army – people don't rise to the occasion, they sink to the level of training, when the intense pressure of life and death combat is upon you, it's what the foundation is made of that gets you through

There is a famous passage of scripture where Jesus tells his followers, if you hear my words and put them into practice it is like a wise person who built their house on a rock, the storms come and beat against it but the house still stands.

The foundation of a person's life is made of their character and values, what you believe about life affects what you invest in and work towards and hold dear.

This is the reason *why* you do what you do

Storms are going to happen, but they also have a way of sorting through to the heart of what really matters.

May your foundations keep you strong, no matter what 2021 brings your way.

Take care and God Bless.

Nga Mihi

Padre

## A Smile!

A SMILE costs nothing, but gives much. It enriches those who receive, without making poorer those who give. It takes but a moment, but the memory of it sometimes lasts forever. None is so rich or mighty that he can get along without it, and none is so poor but that he can be made rich by it.

A SMILE creates happiness in the home, fosters good will in business, and is the countersign of friendship. It brings rest to the weary, cheer to the discouraged, sunshine to the sad, and it is nature's best antidote for trouble.

Yet it cannot be bought, begged, borrowed, or stolen, for it is something that is of no value to anyone until it is given away.

Some people are too tired to give you a SMILE. Give them one of yours, as none needs a SMILE so much as he who has no more to give.



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## FOR YOUR INFO





Force 4 Families is a community for the friends and family of New Zealand Defence Force (NZDF) personnel.. They are here to support he *force behind the force*—the people who support NZDF personnel.

Force 4 Families help out by providing:

- Support and advice
- Access to discounted services and deals
- Financial services
- A community of NZDF friends and family

They are overseen by the Force 4 Families Steering Group and supported by the NZDF Integrated Wellness team. The discount scheme is supported by over a hundred retailers and businesses throughout New Zealand. For information about these groups, please check out the information on the Force 4 Families website: www.forceffamilies.nzdf.mil.nz.

#### **F4F Discount Scheme**

The NZDF Force 4 Families Discount Scheme is a great initiative to allow the chosen loved one of NZDF members to receive the same kinds of fantastic offers and discounts previously only available to our personnel. It is one way NZDF can say thank you to a force behind the Force!

The scheme is available to NZDF members, their family, ex-serving members and veterans. You will need to sign up to the scheme via the F4F website: <a href="https://www.force4families.nzdf.mil.nz">www.force4families.nzdf.mil.nz</a>. Once registered (you will receive email confirmation) you can login and save the website on your smart device for quick access to discounts on retail items, education, accommodation, entertainment and services. Organisations who are offering discounts can also be found on the website.

#### Deployment Support Services

Need information? Need support? Need a listening ear? Need to send an urgent message to a deployment location?

## Deployment Support Services are here for you

All personnel on deployment and their families have the support of the Deployment Services Officers (DSOs). In addition there is support from Unit Points of Contact (UPOC) and local Welfare Support Services. The nominated Primary Next of Kin (PNOK) of families of deployed NZDF personnel should, in the first instance, contact their DSO who has a responsibility for transparency into welfare issues.

#### **Deployment Services Officers:**

Linton—Janine Burton Ph: 0800 683 77 327

Burnham—Carol Voyce Ph: 0800 337 569

Added to this, there are other very valuable support networks available in your local region.

For additional support and services:

#### Army:

## **Defence Community Facilitators:** Waiouru:

Carolyn Hyland—Ph 06 387 5531

#### Papakura:

Ph: 09 296 5744

#### Burnham:

Kathryn Hodgkinson

Ph: 03 363 0322

#### Linton:

Lesley Clutterbuck—Ph: 06 351 9970

#### Trentham:

Christine Grant—Ph: 04 527 5029

#### Air Force:

## Defence Community Facilitators: Air Staff Wellington:

Linley Willliams—Ph: 04 496 0555

#### Base Auckland:

Kylie Smedley

Ph: 09 417 7000, xtn 7035

#### Base Woodbourne:

Claudia Ayling—Ph: 03 577 1177

#### Base Ohakea:

Bridget Williams—Ph: 06 351 5640

## Navy Community Organisation:

Ph: 09 445 5534, 0800 NAVYHELP nib@nzdf.mil.nz

#### **Local Chaplaincy Services**

**Unit Point of Contact** 

## SIDE HUSTLE IDEAS

#### Increase Your Income With These 12 Side Hustle Ideas

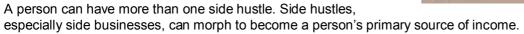
The popularity of side hustles has increased in popularity over recent years, which is probably due to:

- Increased income required to meet increased living costs especially the "big three" of; housing, food, and petrol/gas/transportation,
- The internet and digital platforms have made it much easier to connect those with a need to those with the skill or capability to fill it. This can occur across national borders too,
- It's sometimes portrayed as fashionable or sexy to be an entrepreneur, and
- More short-term and contract work is becoming available.

With all the job losses, lockdowns, social distancing, and general uncertainty with the pandemic, a lot of side hustles are not as worthwhile as they once were. At the same time, though, other side hustles have seen increases in demand.

#### Background—What is a 'side hustle'?

A side hustle, which might also be called a side job, side gig, or side business, is additional work that a person takes to supplement their income from their primary job. Side hustles may be done out of necessity, when a person's income from their main job is insufficient to support them, or simply out of a desire to generate more income. Working a side hustle can also be called moonlighting, usually when it is performed after normal working time. A side job could be a part time job, a business, or freelance work.



With so much uncertainty in the world, including some people being concerned with job security, generating a little extra income can be a great idea!

#### What to watch out for when starting a side hustle

Before we get to the list of the top 12 side hustles, here's a couple of things to watch out for.

#### Do the maths

It's been suggested the average ridesharing driver (such as Uber or Lyft) probably earns less than minimum wage once all costs are accounted for – including wear and tear on the vehicle, taxes, running costs, time, etc.

So what? Do the maths to ensure that whatever you're doing is worth it, including all costs.

This includes having a full understanding of all tax implications of your chosen side hustle.

#### Know your rights - worker misclassification

In NZ, and in most developed countries, there is a distinct difference between contractors and employees. This is important because:

- Employees have a range of protections such as sick leave, minimum wage, annual leave, employer KiwiSaver contributions, and other rights, including the right to take a personal grievance.
- Contractors, including self-employed people, don't have the rights and protections employees do. This means they don't get things like annual leave or sick leave, they can't bring personal grievances, they have to pay



their own tax and ACC levies, and general civil law determines most of their rights and responsibilities. In NZ, businesses don't even have to hold records related to past or present contractors.

Several large corporations have been critiqued for classing employees as independent contractors to save on costs and responsibilities. In some cases, especially overseas, this has included corporations that many people might associate with the "gig economy", such as Uber, being forced to fight several court battles in the USA and UK about this. Uber is not unique in this regard though.

#### Is not starting a side hustle at all a better choice?

There may be good reason for you to avoid a side hustle altogether:

- Many junior or inexperienced professionals might be better off over the long run if, instead of a side hustle, they focus on doing their best at a primary role. This might be by developing their primary skillsets first, rather than working a second job or side hustle at night. This may include working longer hours in their primary role resulting in a pay-rise and/or promotion.
- Other people, even in low wage roles or roles with limited opportunity for advancement, may be better off taking night courses or extramural studies so they can increase their employability and skills, perhaps in preparation for a change in career path.
- Someone who starts a side hustle because of concern about losing their main job may turn that concern into a self-fulfilling prophecy if their night-time side hustle means they start showing up to their day job exhausted and unable to give it their all!
- If you have a day job or have connections that could lead to a conflict of interest with your potential side hustle, then it is not a good idea to continue with it.

#### The top 12 side hustle ideas

Here's a quick-fire list of 12 side hustle ideas.

#### 1. Handyman/woman

If you're good at fixing things or using your hands, this could be a great fit for you.

Demand for renovations, landscaping, painting, installing new appliances, and all manner of home projects is

skyrocketing as many middle- and upper-class Kiwi's spend less money on international travel and spend more time at home.

It could be as simple as just moving something heavy, there are a huge variety of needs to be met.

#### 2. Freelancer

Freelancing is perhaps one of the most

popular gig economy jobs and hence there are many options to find work. Freelancing is particularly popular now because in most cases it can continue to be done during lockdowns.

Depending on skills and preference, there are a variety of freelance job boards you can browse to find freelance work in the gig economy. Here are a few of the most common freelancing jobs:

- Writer,
- Graphic designer,
- Web designer,
- Social media manager,
- Developer,
- Proof-reader, and
- Marketer.

There's a wide range of global websites in this area. Most have catchy names,

such as; Fiverr, Task Rabbit, Toptal, UpWork, solidgigs and Flexjobs. On nearly all these sites, you explain what you can do, have packages of how you offer it and how long you take etc., and name a price for each package. A good "sales copy" is needed to explain and sell your services. With time, reviews of your work will build up giving you increased credibility and probably increased reach. Each platform takes a cut of each purchase, perhaps 20%, and as these sites operate globally, usual prices are in US Dollars.

#### 3. A part time job

Part-time jobs can be split into two groups:

 Self-employed roles. This might include many of the other ideas on this list, and also; babysitter, dog walker, pool



cleaner, car wash and detailing, party planner, gardener or lawn-mower, pet minder, house-sitter, and so on. To find customers for a lot of these roles, you might try community Facebook groups or even leaflet drops around your neighbourhood.

• An actual part-time job as an employee. This could be as a receptionist, restaurant server, administrative assistant, barista, etc. You might also be able to find part-time jobs within your industry – maybe you're a full-time marketer who takes on a part-time social media gig.

#### 4. Social media marketer

Social networks have become an integral part of both our private and business lives and now are a lucrative source of gig economy jobs.

Being a keen Instagrammer is not only fashionable but can be

quite profitable in a gig economy environment. Many Instagram users sell products through their feeds, which the product providers pay for in some way, perhaps by a commission on sales

To land this job, you need to be quite proactive to develop a large following and be classed as an "influencer".

#### 5. Photographer

If photography is your hobby, then now could be the perfect time to turn it into a profession. If you have a decent camera and love taking photos, you could become a freelance photographer and take pictures at social events like weddings, or pictures of scenery and nature.

You also have the option to sell your photos to sites such as Shutterstock,



Bigstock, or iStock and make a decent living. Once your name gains popularity, you can start charging higher prices and pick your clients.

#### 6. Sell or resell goods online

No matter how bad the recession gets, there will always be people willing to spend money. Though the economy may suffer, people continue celebrating birthdays, anniversaries, and other personal milestones, and they use these events as opportunities to treat themselves or others.

So, why not sell people things they already want to buy? This can be either:

- Selling household and other items you no longer need. This can be a great way to obtain some quick cash, and build some positive reviews on a site like Trademe, or
- Buying bulk items from websites such as Alibaba, then reselling individually on NZ websites such as Trademe. If you're going to try this, then start small! or
- Buying old items such as furniture, spending time and energy to improve it, then resell it.

#### 7. AirBnB

While international travellers have been put on hold, this summer there should be plenty of Kiwi's exploring their own country!

If you own property or a sleepout that you don't utilise all the time, AirBnB could be a great gig economy option. AirBnB allows



consumers to search for rooms, apartments, or homes they want to stay at during their vacation or trip. The app connects consumers with property owners and allows a safe, secure transaction between the two.

## 8. IT roles (information technology)

For those who are tech-savvy, there's a nearly endless list of roles that can be performed from the comfort of your own home. This might include:

- IT developer,
- Blockchain architect,
- Deep learning / artificial intelligence developer,
- Programmer,
- Virtual and augmented reality developer,
- Robotics engineer or designer,
- Ethical hacker, and
- More!

far in 2020.

#### 9. Driver or deliverer

While ridesharing has experienced mixed fortunes during the Covid pandemic, delivery has gone up, making it one of the most in-demand gig economy jobs so

Uber is reportedly hard going for drivers most of the time, but can be good at surge times, when public transport may not operate, and people are willing to pay higher prices. For example, at 1am on Saturday in the CBD, when it is raining, after a concert or event - that's when there's a lot more work so the Uber app applies surge pricing – which means prices skyrocket.

Both ridesharing and delivery driver tasks depend on your free time and willingness to share your car either with people or goods. Of course, having your own car is a must, and you'll nearly certainly need commercial vehicle insurance.

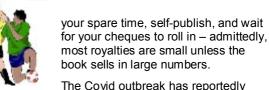


#### 10. Tutor or teacher

Teaching is a broad category that refers to several side hustle possibilities. If you are skilled in a particular academic field, you might tutor students on that topic, or teach an online class. If you play an instrument, consider teaching music. Are you passionate about fitness? Consider teaching yoga or other fitness classes. The benefit of these side hustles is that they are very flexible. They also allow you to share your passion with others.

#### 11. Sports coach

School teams and even clubs are sometimes in need of coaching help and this can be a fun and active side hustle.



The Covid outbreak has reportedly been a bit of a boon for the publishing industry because millions of people have been forced to stay home worldwide, spending more doing things like reading.

#### 12. Author

Publishing a book traditionally is difficult to say the least, but, thanks to



self-published platforms like Amazon's Kindle Direct Publishing, you don't need to wait for one of the big publisher houses to come calling. Now,

you can write the next great novel in

## The bottom line – the top 12 side hustle ideas

Side hustle choices are nearly unlimited, so if you've got any great ideas to add to the list above, reach out to let us know!

This article has been contributed by Joseph Darby, CEO and **authorised financial adviser at Milestone Direct Ltd**. This article first appeared on the Milestone Direct website. The views and opinions expressed in this article are those of Joseph Darby and not necessarily those of Milestone Direct Ltd. The views and opinions expressed in this article are intended to be of a general nature and do not constitute a personalised advice for an individual client. A disclosure statement relating to Joseph Darby is available, on request and free of charge.

#### How to get hold of us

Please get in contact with us with any questions about your financial needs. Feel free to call us on **0508 Milestone (645 378)** or email <a href="mailto:info@milestonedirect.co.nz">info@milestonedirect.co.nz</a>. There are no costs involved until an adviser has established your specific needs.

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## OPERATION CHRISTMAS CARD 2020 From South Korea to Weedons School and Wellesley College

LTCOL Brendon Jull extended festive greetings to pupils at Weedons School and Wellesley College by a Zoom meeting call, just prior to the school holidays beginning. Pupils at both schools had participated in our yearly project for deployed service personnel worldwide and some children's cards from these schools found their way to Op MONITOR. The calls generated

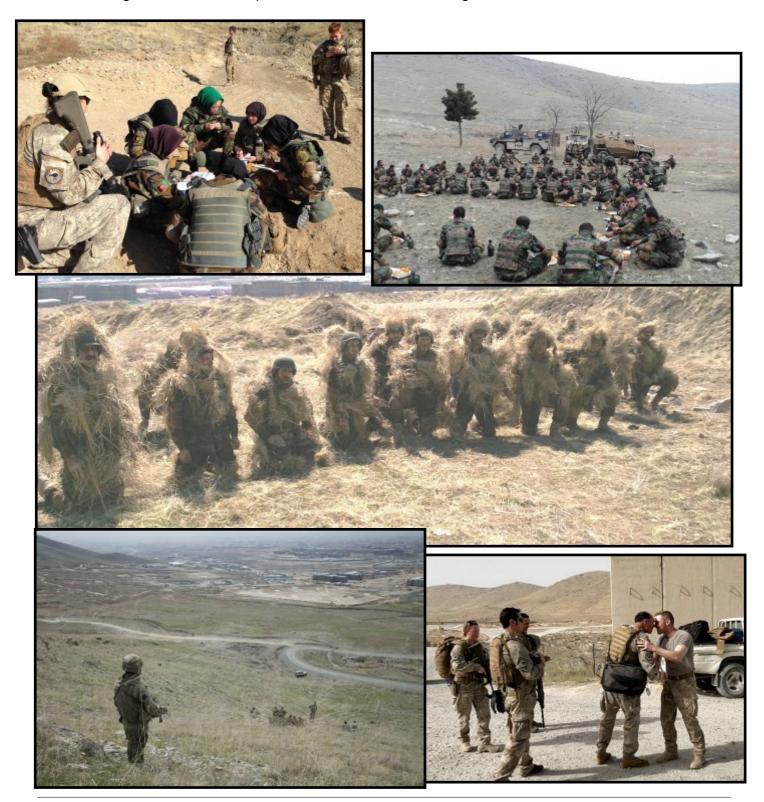
much excitement both here and abroad, with many questions raised about South Korea, work and life away from family. The pupils felt extra special that LTCOL Jull made personal contact with their classes and were also able to share the experience with those at home. Both schools have contributed to Operation CHRISTMAS CARD for some years, love the initiative and are committed to continuing their contributions each year.



## **LOOKING BACK**

Over the years, and over many deployment rotations, we have collected some amazing photographs. Rather than just storing them in our archives, we are enjoying sharing some of these incredible images with our readers in each issue.

These images are from the Operation RUA II mission to Afghanistan.



## WHAT'S ON IN BURNHAM?

# LIVING WISE LIVING WELL EXPO 2021

'LIVING YOUR BEST LIFE NOW AND FOR THE FUTURE'
CONNECT ~ ENGAGE ~ PARTICIPATE!

FRIDAY 22 JANUARY
BURNHAM MILITARY CAMP CINEMA
10AM - 2PM

FOR FURTHER INFORMATION CONTACT: Defence Community Facilitator kathryn.hodgkinson@nzdf.mil.nz



OPEN TO ALL NZDF MILITARY AND CIVILIAN PERSONNEL AND THEIR DEPENDANTS

SHOWCASING A WIDE RANGE OF PRODUCTS, SERVICES AND EXPERIENCES ACROSS:

> Health & Wellness Education & Career Property & Finance Leisure, Culture & Lifestyle

COMPETITIONS PRIZES AND GIVEAWAYS



MEET & GREET OUR NEW FAMILIES
THURSDAY 28<sup>TH</sup> JANUARY 2021
FROM 4.30-6PM

BYO: PICNIC, RUG, TOWELS & INFLATABLES
MUSIC, DRINKS & SAUSAGE SIZZLE PROVIDED
PLASTIC BOTTLES & CUPS ONLY – NO GLASS PERMITTED

FOR MORE INFORMATION

FOLLOW THE 'BURNHAM MILITARY CAMP COMMUNITY GROUP' ON FACEBOOK

# WHAT'S ON IN TRENTHAM?

# Forces In the Park Concert 2021



## Saturday 30 January 1600-2000hrs Davis Field, Trentham

A fun day out for all ages with family & friends – Band / food trucks / kids' zone & more... Bring a picnic, BBQ, and shade if the weather is nice.

Register below to attend:

http://ddms-r/ds/D0-0346/Lists/16/NewForm.aspx

Enquires to

Dee – davida.o'connor2@nzdf.mil.nz (All Trentham Units), Linley – linley.williams@nzdf.mil.nz (HQ NZDF, Wellington)

#### Wristband entry only:

Wristbands can be uplifted from TMC DSSG / posted to you.



A FORCE FOR

## facebook

#### **Trentham Community Facebook page**

Connecting our NZDF and Whanau to local information.

If you work in TRSC - All Units in and around Trentham, join our FB page, family members are welcome to join and follow updates etc.

- To find, search 'NZDF Trentham Community' in the Facebook search bar and the group should appear. Alternatively, people can follow either of these options to find the group:
- Going to the NZ Defence Facebook page > click on groups (they may need to press 'more' first) and then click on 'NZDF Trentham Community.' OR,

Go to www.facebook.com/groups/nzdftrenthamcommunity

Moderators will approve within 48 hrs, once details are confirmed.

## PERSONAL MESSAGES

The deadline for contributions and personal messages for The Bugle is the first Monday of each month (the next edition deadline is 1 February 2021 at 4.00pm). Please note: All Bugle messages are to be sent to Carol Voyce, DSO Burnham (email: dso.burnham@xtra.co.nz)

#### From In-Theatre

## Happy New Year Cooper, Hunter and Zaccy boy.

I hope you had fun in Oamaru with Gran and Poppa.

I'm missing you so much, but it won't be long until Mum will be home.

> Be good for Dad and give him lots of Hugs and kisses. Love from Mum. xox

#### **Dear Grandad**

Happy Birthday for the 7<sup>th</sup> of February! I hope you have a lovely day celebrating with Nana and the rest of the family. Lots of love, Amanda

#### To the Huston Clan

Thankyou all for the great Christmas gifts. I really enjoyed watching you all open your presents on xmas morning via video. It's a shame I couldn't be there, especially the xmas lunch, which looked awesome as usual.

#### Isabella

Thankyou for your message in the last Bugle. No I haven't seen any turtles yet, the search will continue once the shark issue goes away lol. I miss you heaps.

#### Blake

Thanks for helping out at home. Will done on passing your restricted licence. All that effort paid off mate. Don't crash my car. Love you buddy.

#### Lisa

Thankyou for dealing with everything. I will be home in no time. Spend the money on yourself. Love you always.

#### **From Home**

#### **Hello Daddy**

I got a pink skateboard, pink lunch box and drink bottle for Christmas. We had a fun day with everyone but missed you. I hope you got presents too. Love from Gabby

#### **Dear MJM**

Happy New Year. We all missed your smiling face and festive antics.

Managed to keep the beach cricket record intact even without your spin bowling. Happy times and happy times to come with your homecoming. Love from us all. J,B, K and TM

#### Happy New Year Aunty Lou Lou

We hope you enjoyed your Christmas and had lots of fun in a new place. Now you will be working hard until you come home. It will be great to see you. Stay safe, Lots of love, Louisa and Sophie

#### Dad

Took my Drone to the beach. So cool. You will love it. We have been at the Bach for a week now and loving it. Usual crowd here, not much changes. Happy New year. See you in a couple of months. Anthony James

#### **Happy New Year Op FARAD**

We love your Bugle articles and photos. Thanks for all the news. We can't wait for The Bugle to arrive in the post. It's a race to the mailbox! Take care everyone. Mickey's Mum

#### Daddv W

Happy New Year. We hope you liked your presents. Jodie got up at 5 o'clock



on Christmas morning and had to wait until we all got up for pancakes, raspberries with golden syrup and cream. Very yummy. Then we got our presents. Have you seen the photos of my new bike and and cricket bat? Jodie has another heap of Barbie dolls. Good to hear you won your game. We all miss you. Toby, Jodie and Mum

#### **Uncle Freddie**

I hope you had a nice Christmas over there and got lots of yummy things to eat and some nice presents. Love from Charlotte.



Deadline 1 Feb 

#### Remember the five simple rules to be happy:

- Free your heart from hatred.
- Free your mind from worries.
- Live simply.
- Give more.
- Expect Less



30

# Join me for Dinner in Linton

in either Linton or Burnham Camps Low key, no speeches or presentations, no pressure, no mess, no fuss.

Bring your Family or a Friend.

LINTON: Sunday 31 January 2020

**TIME:** 5.30pm

VENUE: JRs Mess—42nd Street, Linton Camp

**RSVPs TO:** Janine Burton: 0800 683 77 327 or 021 649 903

Email: janine.burton@nzdf.mil.nz

Please call, email or text your respective hostess as soon as possible so we can finalise our catering numbers. We look forward to having many of our families join us.

## New Year Resolutions

A New Year's resolution is a tradition in which a person resolves to change an undesired trait or behaviour to accomplish a personal goal or otherwise improve their life.

#### Origins:

- \* Babylonians made promises to their gods at the start of each year that they would return borrowed objects and pay their debts.
- \* The Romans began each year by making promises to the god Janus, for whom the month of January is named.
- \* In the Medieval era, the knights took the "peacock vow" at the end of the Christmas season each year to re-affirm their commitment to chivalry.

Source: en.wikipedia.org



Early 20th Century New Year's resolution postcard.

