

## **NZDF PSYCHOLOGY**

# **STRENGTHENING TEAMS & LEADERS**

There are a number of ways that NZDF psychologists can assist teams and leaders to reach their potential. We can partner with commanders to facilitate workshops targeted towards team culture, work practices, or goal-setting. Additionally, we can use personality metrics to help teams understand their internal dynamics, relationship styles, and develop methods for maximising performance.

NZDF psychologists are available as consultants to assist in developing the correct intervention for your team. Through the application of a robust consulting framework, combined with a leader's organisational/unit knowledge, we collaborate with commanders to create unique solutions designed to meet agreed upon outcomes.

### **Talk to your local NZDF Psychologist about:**

- Workshops for high performing teams, personality, and culture.
- Leadership development tools and research.
- Individual leader development.



*“When a team takes ownership of a problem, the problem gets solved. It is true on the battlefield, it is true in business, and it is true in life.”*